**MTR-NYC 6 Centuries/6 Days**

**• Day 1        Montreal to Burlington**            -
                Via the St Laurence, the Islands 108mi
MAP   <http://bit.ly/Montreal-Burlington>

• **Day 2        Burlington to Middlebury**            -
                Via Monktin, Bristol & Middlebury 50mi
MAP    <http://bit.ly/Burlington-Middlebury>

2009 Ride started here:
**• Day 3       Middlebury to Bennington**       -
               Via Ti, Tinmouth, Lake Bomeseen 136 mi
MAP   <http://bit.ly/Middlebury-Bennington>

• **Day 4     Bennington  to Westfield MA**       -
             Via Williamstown, Huntgtn & Westrn Mass 96mi
MAP    <http://bit.ly/Bennington-Westfield-MA>
HIGHLIGHTS this leg
---TETONIC PASS to Williamston   -Scenic MA HIGHWAY 112
---Picturesque HUNTINGTON  --Lodging: ELM HOTEL,Westfield

• **Day 5   Westfield, MA to New London, CT** -
              Via Windsor Locks, Colchester CT 91 mi
MAP    <http://bit.ly/Westfield-NewLondon-CT>
Highlights this leg
---Mass/CT  border, Windsor Locks
---JONATHAN PASCOS
---Colchester, CT
---HW 85 and Old New London Rd to Niantic
---Lodging:  CAMP VIEW MOTOR COURT, Niantic

• **Day 6   New London, CT to Manhattan**     -
       Via Long Island, Port J, Stony Brook & Queens 112 mi
MAP    <http://bit.ly/OrientPoint-BryantPark>
Highlights this leg
---Ferry to Orient Point, NY
---VINYARDS of Long Island
---Port Jefferson
---Queensboro Bridge